

# **A Guide for Morning Praise and Prayer**

(adapted from the UMC Hymnal and *Common Prayer*)

## **CALL TO PRAYER**

O Lord, let my soul rise up to meet you

**as the day rises to meet the sun.**

**Glory to the Father, and to the Son, and to the Holy Spirit,  
as it was in the beginning, is now, and will be forever. Amen.**

## **OPENING PRAYER**

**New every morning is your love great God of Light and all day long  
you are working for good in the world and in us. Stir up within us a  
desire to serve you, to live peacefully with our neighbors and the  
rest of creation, and to devote each day to your Son, our Savior,  
Jesus Christ the Lord. Amen.**

## **READ SCRIPTURE AND REFLECT**

**(you may use devotion or choose a scripture)**

## **DOXOLOGY**

**Praise God from whom all blessings flow. Praise God all creatures  
here below. Praise God above ye heavenly hosts. Praise Father, Son  
and Holy Ghost. Amen.**

## **PRAYERS FOR OTHERS**

You may find it helpful to use these categories:

- Our world
- Our nation
- Our town
- Our church
- Your family and friends
- For those who suffer or are in trouble

## **THE LORD'S PRAYER (Our Father...)**

### **BLESSING**

**May the peace of the Lord Christ go with you : wherever he may send you;  
may he guide you through the wilderness : protect you through the storm;  
may he bring you home rejoicing : at the wonders he has shown you;  
may he bring you home rejoicing : once again into our doors.**

# **A Guide for Evening Praise and Prayer**

(adapted from the UMC Hymnal and *Field Guide for Daily Prayer*)

## **CALL TO PRAYER**

O God make speed to save us; **O Lord, make haste to help us.**

## **OPENING PRAYER**

We praise you and we thank you, O God, for you are without beginning and without end. Through Christ, you created the whole world; through Christ, you preserve it. You made the day for the works of light and the night for the refreshment of our bodies and our bodies. Keep us now in Christ; grant us a peaceful evening, a night free from sin; and bring us at last to eternal life. Through Christ and in the Holy Spirit, we offer you all glory, honor and worship, now and for ever. Amen.

## **READ SCRIPTURE AND REFLECT**

(you may use devotion or choose a scripture)

## **APOSTLE'S CREED**

I believe in God the Father Almighty, creator of heaven and earth; I believe in Jesus Christ, his only Son our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

## **DOXOLOGY**

Praise God from whom all blessings flow. Praise God all creatures here below. Praise God above ye heavenly hosts. Praise Father, Son and Holy Ghost. Amen.

## **PRAYER**

Lord Jesus, stay with us, for evening is at hand and the day is past; be our companion in the way, kindle our hearts, and awaken hope, that we may know you as you are revealed in Scripture and the breaking and sharing of bread. Grant this for the sake of your love. Amen.

## **BLESSING**

May the God of hope fill you with all joy and peace as you trust in him so that you might overflow with hope by the power of the Holy Spirit. Amen.